



Trinity

Trinity Afterschool Activities

Term 2

January – April



| | | |
|----------------|--|--|
| <h1>Yoga</h1> | | Wednesday 3.30 – 4.30pm |
| Years 1 – 6 | <p>A trained yoga and Children's yoga and mindfulness teacher, Jamie has close to a decade of experience teaching children in a multitude of settings including dance classes, outreach programmes with charities, drama lessons, and delivering workshops on behalf of Matthew Bourne's New Adventures. Children's Yoga with Jamie is about empowering each child. All classes are designed to stimulate physical, mental and emotional wellbeing as well as encourage creative thinking. With a focus on breath and mindfulness, we explore tools to recognise emotions and cope with stress more effectively - along with encouraging the use of imagination and most importantly having fun!</p> <p>Jamie McDonald teaches Yoga at Trinity every Wednesday and Thursday as part of our PE.</p> | <p>Club running all year; sign up termly; £10 / session (<i>paid to teacher directly termly</i>)</p> <p>Limited spaces</p> |

| | | |
|----------------|---|--|
| <h1>Choir</h1> | | Monday 3.15 – 4.15pm |
| Years 3 – 6 | <p>Ms Thompson will be leading a choir of 30 children every Monday, filling Trinity with the beautiful sounds of our children.</p> <p>Choir will change termly.</p> | <p>Club running all year; sign up termly</p> |

| | | |
|--------------------|---|------------------------------|
| <h1>Orchestra</h1> | | Tuesday 3.15 – 4.30pm |
| Years 3 – 6 | <p>Ms Thompson and the Trinity music department will be leading an orchestra of children from Years 3 – 10, across both sites. <i>Every other term children will travel to Secondary.</i></p> <p>Open to children who have instrumental lessons (in and out of school).</p> | <p>Club running all year</p> |

| | | |
|--------------------|--|--|
| <h1>Film Club</h1> | | Thursday 3.15 – 4.15pm |
| Years 3 – 6 | <p>Ms Harvey, Ms Martinez and Mr Weddell will be showing classic (vintage) films from the years gone by and having discussions about the themes and why these were culturally significant for the time period.</p> <p>Looking forward to sharing our passion with fellow film connoisseurs.</p> <p>All films will be PG rated.</p> | <p>Club running all year; sign up termly</p> |

| | | |
|-------------------|--|---|
| <h1>Art Club</h1> | | Wednesday 12.30pm – 1.15pm |
| Years 3 – 6 | <p>Led by artist in residence (and Trinity Y4 Support Staff) Mrs Coventry, art club is to support the development of children's flair for the creative in fine arts.</p> | <p>Club running all year; given time per term</p> |

| | | |
|----------------|---|--|
| Karate | | Wednesday - 8.40am |
| Years 3 – 6 | Run by Craig Johnston of London Karate, black belt and coaching licenced, karate is a combination of discipline, guidance, enjoyment, and its Japanese roots. Our school clubs are also unique in the fact that students can simply take part for fun on a termly basis, as well as having the opportunity to progress in termly belt grading's and learning further in the art of karate. | Club running all year £4.50 / session <i>(paid to teacher directly)</i> Limited spaces |

| | | |
|---------------------|---|--|
| Street Dance | | Tuesday 3.15 – 4.15pm |
| Years 1 – 6 | Intrigued? This year we are working with KICK to support the Mental Health and Wellbeing of our students. A great outlet for your energy – DANCE! Bex will be taking a group of children each term to learn dance styles characterised by descriptions such as hip hop, funk and breakdancing. We will be popping, locking, waving and krumping at Trinity. | Club running all year; Termly spaces; £1/ per session <i>(paid via Parent Pay)</i> |

| | | |
|----------------------|--|--|
| Homework Club | | Monday, Tuesday, Wednesday 3.10 – 4.00pm |
| Years 1 – 6 | Trinity IT suite will be open to a max 25 children three days a week to support their home learning. What a great time to sign up to get a head start on your Mathematics. | Club running all year; given time per term |

| | | |
|--------------------------|--|---|
| Cheerleading Club | | Monday 3.15 – 4.15pm |
| Years 1 – 6 | One of the fastest growing team sports in the UK, cheerleading is a fabulously fun and dynamic way to develop strength, fitness and athleticism in an environment driven by commitment, determination and teamwork. Learn the basic elements of cheering: cannons, formations, jumps, dance, tumbling and age-appropriate stunts in a high energy, safe setting. This club is delivered by Zumba Stars London. | Club Running this term and next; given time per term £4/session; must sign up for term <i>(paid via Parent Pay)</i> |

| | | |
|----------------------------|---|--|
| Football Club | <p style="text-align: right;">Wednesday 3.15 – 4.15pm Thursday 3.15 - 4.15pm</p> | |
| Year 1 - 3 & Year 4 - 6 | <p>An FA trained coach, Mr Delamere has been part of the Trinity family since joining us in June. He currently works in Year 1. Mr Delamere is a trained FA coach and has many years' experience working with children of all ages.</p> | <p>Currently full Y1-3 5 places for Y4-6;</p> <p>Club offered termly</p> <p>£1/session</p> <p><i>(paid via Parent Pay)</i></p> |



| | | |
|-------------------|---|--|
| Chess Club | | <p style="text-align: right;">Wednesday 12.30pm – 1.15pm</p> |
| Years 5 – 6 | <p>An exciting opportunity for children to develop their critical thinking, concentration skills by challenge each other in a mental game that encourages children to value good sportsmanship. This club will be run by Mr Richardson.</p> | <p>Club running all year; given time per term</p> |

| | | |
|-----------------------------|--|---|
| Musical theatre Club | | <p style="text-align: right;">Tuesday 3.15 – 4.15pm</p> |
| Years 1 – 6 | <p>Bringing the excitement of musical theatre to children; this high-energy club gets children acting, singing and dancing along to stories and songs they know and love (Matilda, Frozen, Six, The Lion King, Cinderella, etc.). Skills focused on include rhythm, co-ordination, expression, teamwork and musicality whilst building character, self-confidence and self-esteem. The club is taught by a professional musical theatre performer and will be delivered by Zumba Stars London.</p> | <p>Club running all year; given time per term</p> <p>£4/session</p> <p><i>(paid via Parent Pay)</i></p> |